

# We must invest in women. We can't afford not to.

Most people are not aware that women with cardiovascular disease (CVD) remain under diagnosed, undertreated and underrepresented in clinical research.<sup>1</sup>



## The numbers behind CVD in women

# 1 in 3 deaths

globally is **caused by heart disease**, making it the leading cause of death for women.<sup>1</sup>

# 41 %

of women **wait over 12 hours before seeking help** for chest pain.<sup>2</sup>

# Over 1.6 m

women die from CVD each year.<sup>3</sup>

## “The moment I wanted to be a cardiologist”

To raise awareness about the persistent gender inequity in cardiovascular care, women cardiologists shared their stories and experiences on our **Storytelling Wall** that was featured at a cardiology conference, shining a light on their personal experiences and journeys.

From early inspiration and mentorship to experiences of **bias, work-life balance, and the love of science**, these testimonies highlighted both personal journeys and systemic challenges.



## Patient outcomes in women can be improved by an increase of women in leading cardiologist roles.<sup>1</sup>

In 2025, Daiichi Sankyo Europe partners with **Women as One**, a non-profit organisation that stands at the forefront of promoting gender equity in cardiology. By joining forces, we:

# 1

Aim to **broaden the involvement of women** as thought leaders in scientific activities, advisory boards and clinical trials.

# 2

Support experts in **gender-specific CVD research** and treatment to improve trial representation and outcomes.

# 3

Continuously explore ways to address these gaps and **raise awareness** of personalised treatment of CVD.

### References

1. Women as One. Join us in our mission to promote talent in medicine presentation. Last accessed 2025. 2. Cardiovascular disease in women. <https://www.escardio.org/The-ESC/Advocacy/women-and-cardiovascular-disease> 3. ESC Atlas of Cardiology. <https://www.escardio.org/Research/ESC-Atlas-of-cardiology>